



LOWER SCHOOL MENU | APRIL 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spring Break	2 Spring Break	3 Spring Break	4 Spring Break	5 Spring Break
8 Pasta Bowls with Marinara Sauce, Grilled Chicken, Garlic Bread Sticks, Green Beans and Fresh Fruit	9 Beef or Veggie Tacos with Corn Salsa, Black Beans, and Fresh Fruit	10 Macaroni and Cheese Bowls with Bacon, Tomato, Fresh Veggies, and Fresh Fruit	11 Grilled Chicken Tenders with Glazed Carrots and Fresh Fruit	12 Choice of Pepperoni or Cheese Pizza with Salad and Fresh Fruit
15 Grilled Barbecue Chicken Sandwiches with Green Peas and Fresh Fruit	16 Turkey Burgers with Lettuce, Tomatoes, Cheese, Baked Fries, and Fresh Fruit	17 Chicken or Cheese Quesadillas with Lettuce, Tomatoes, Salsa, Sour Cream, and Fresh Fruit	18 Cavalier Bowls with Popcorn Chicken, Corn, Mashed Potatoes and Gravy, Cheese, and Fruit	19 Choice of Pepperoni or Cheese Pizza with Salad and Fresh Fruit
22 General Tso's Chicken or Tofu with Fried Rice, Asian Veggies, Fortune Cookies, and Fresh Fruit	23 Seasoned Hamburger or Cheeseburger with Roasted Veggies and Fresh Fruit	24 Build-Your-Own Deli Sandwich with Assorted Meats, Cheese, Lettuce, Tomatoes, and Fruit	25 Chicken and Waffles and Fresh Fruit	26 Choice of Pepperoni or Cheese Pizza with Salad and Fresh Fruit
29 Boneless Chicken Wings with Celery, Carrots, and Fresh Fruit	30 Beef or Veggie Taco Salad with Cinnamon Churros and Fresh Fruit	MAY 1 Pancakes with Bacon or Turkey Sausage, Cheese, Hash Browns, and Fresh Fruit	MAY 2 Hot Dog Bar with Chili and Topping, Baked Tots, and Fresh Fruit	MAY 3 Choice of Pepperoni or Cheese Pizza with Salad and Fresh Fruit